

Resources/Readings

The following are links to suggested parent education readings and/or websites. Thanks to the Lovett counselors for providing this list.

Websites

Eating Disorders Information Network
<http://www.edin-ga.org/>

Council for Spiritual and Ethical Education
<http://www.csee.info/parents.html>

“Proactive Parenting” Reading

The Blessings of a Skinned Knee Wendy Mogel, Ph.D.

Family Matters Robert Evans

What Does Everybody Else Know That I Don't? Michele Novotni, Ph.D.

How Rude! The Teenagers Guide to Good Manners, Proper Behavior, and Not Grossing People Out, Alex J.Packer, Ph.D.

Teaching Your Children Values, Linda Richard Eyre

Our Last Best Shot, Laura Sessions Stepp

Cliques, 8 Steps to Help Your Child Survive the Social Jungle, Gianetti and Sagerese

Beyond Ritalin, Stephen Garber, Ph.D., Mariane Garber, Ph.D., Robyn Spizman

Driven to Distraction, Edward M. Hallowell, M.D., and John J. Ratey, M.D.

You and Your Adolescent A Parent's Guide for Ages 10-20, Laurence Steinberg, Ph.D.
& Ann Levine

Homework Without Tears, Lee Canter

Helping the Child Who Doesn't Fit In, Stephen Nowiki , Jr., Ph.D. and Marshal P. Duke,
Ph.D.

Real Boys, William Pollack, Ph.D.

The Myth of the A.D.D. Child, Thomas Armstrong, Ph.D.

Emotionally Intelligent Parenting, Maurice J. Elias, Ph.D., Steven E. Tobias, Psy.D.,
And Brian S. Friendlander, Ph.D.

The Strong Willed Child , Dr. James Dobson.

The Divorce Recovery Sourcebook, Dawn Bradley Berry

Food Fight , Janet Bode

The Hurried Child, David Elkind

Helping Children Survive Divorce, Dr. Archibald D. Hart

On Children and Death, Elisabeth Kubler Ross, M.D.

What's Happening to My Body? Book for Girls by Lynda Madaras

What's Happening to My Body? Book for Boys by Lynda Madaras

How Girls Thrive, An Essential Guide for Educators and Parents, JoAnn Deak, Ph.D.

Positive Self-Talk for Children, Douglas Bloch and Jon Merrit

Learned Optimism, Martin Seligman

The Moral Intelligence of Children, Robert Coles

Emotional Intelligence, Daniel Goleman

Learning How to Kiss a Frog, James P. Garvin

Raising Cain: Protecting the Emotional Life of Boys, dan Kindlon, Ph.D. and Michael G.Thompson, Ph.D., Ballantine Books, 1998

Fathering Strengthening Connection with Your Children No Matter Where You Are,
Will Glennon

How to Talk So Kids Can Learn At Home and in School, Adele Faber and Elaine
Elaine Mazlish

The Difficult Child, Stanley Turecki, M.D. and Leslie Tonner

The Drama of the Gifted Child, Alice Miller

Finding the Heart of the Child, Thomspson and Hollowell

Uncommon Sense for Parents, Michael Riera

Beyond the Cornucopia Kids, Bruce A. Baldwin

Parenting for Prevention, Carole Alford, Stone Mountain Miller Foundation

The Shelter of Each Other, Mary Pipher

Reviving Ophelia, Mary Pipher

The Dance of Anger, Harriet Lerner

Failing at Fairness, Myra and David Sadker

Hunger Pains, Mary Pipher

Playground Politics, Stanley Greenspan

Raising A Son, Don and Jeanne Elium

Endangered Minds, Jane Healy

Your Ten to Fourteen Year Old, Louise Ames

Parenting Without Pressure, Teresa Langston

Children at Risk, James Dobson

Parenting Adolescents, Kevin Huggins

Odd Girl Out, Rachel Simmons

Queen Bees and Wannabees, Rosalind Wiseman

Too Much of a Good Thing, Dan Kindlon

Ten Talks Parents Must Have With Their Children About Sex and Character, Pepper Schwartz
and Dominic Capello

And Dr. Michael Popkin, as an author and a Lovett parent!